

TEAM KIRKLEY CYCLES PRESENTS

The MH25 open hill climb

Sunday 9th October 2022

Course: MH25

First Rider: 10:01am

Timekeepers: Frances Schultz & Peter Schultz

Event Secretary: Julian MacBride

Email: julian.macbride@gmail.com

Tel: 07764493255

Event Sign on and HQ:
Edmundbyers Village Hall
Westgarth Church Lane
Edmundbyers
DH8 9NQ.



Promoted for and on behalf of Cycling Time Trials under their rules and regulations.

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Event HQ and Parking

Event HQ and sign on will be at Edmundbyers village hall. Sign on and number collection will be open from 09:00. For junior and juvenile riders please remember to bring your parental consent form.

The HQ is approximately 1 mile from the start. Turn right when leaving the hall and travel in a SW direction. We will put some arrows up so you don't get lost.

We do encourage competitors to be green and ride to the start. If you do drive we hope to be able to access the small field in front of the hall but this will depend on how wet the ground is. There is plenty of parking locally and Derwent Reservoir has several car parks only a mile away. If parking in the village, please do so considerately.

Course

Start by the BT manhole cover at the bridge over Harehope Burn, located on the B6278 approximately 1 mile south of Edmundbyers (54°49'54.9"N 1°59'21.7"W. 54.831919, -1.989353). Proceed south on the B6278 for approximately 2.4 miles. Finish at the top of Muggleswick Common adjacent to the highest snow pole (54°47'55.2"N 1°59'43.9"W 54.798671, -1.995529)

<https://www.strava.com/segments/29274182>

We will have a 'pusher offer' but remember despite the name, in hill climbs you don't get a push.

PLEASE TAKE CARE WHEN DESCENDING BACK TO HQ. It is a FAST descent and sheep often stray into the road.

Results and Presentation

Where possible we will try to make results available immediately back at HQ. This system will run in parallel with the official results provided by the time-keepers.

After the official results have been ratified a presentation will take place back at HQ (likely outside in the field opposite the hall). These will then be made available on the N&DCA Facebook page as soon as possible as well as being emailed out to competitors.

Results will be published on the CTT Website as soon as possible following resolution of any queries

Prizes

Thank you to the various partners and individuals who have supported this event by sponsoring or providing prizes.

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Notes to competitors:

17. Signing-on Sheet and Signing-out Sheet

(a) The competitors in all types of events must make themselves aware of any special safety instructions for the event and sign the official signing-on sheet when collecting their number.

(b) In Type A events a competitor must return to the event HQ either during the event or within a reasonable time after the last rider has finished the event and must (i) return their race number(s); and (ii) sign the official signing-out sheet. A rider who fails to so sign the official signing-out sheet shall be recorded as DNF.

This event may be subject to a Doping Control As soon as you have finished you should return to the event HQ as it is your responsibility to check if you are required for Doping Control. Race numbers required for Doping Control will be displayed at the HQ adjacent to the result board. If your number is displayed you should report immediately to Doping Control which will be nearby. Remember, it is up to you to check and ensure that you comply. If required you must report to Doping Control after finishing without delay.

RIDER INSTRUCTION

Pay attention to the on the day risk assessment, located at sign on as this may detail additional hazards.

- Your bike must have a working **FRONT AND REAR** light (flashing or constant) to be permitted to race (no light no ride!).
- All competitors must wear a hard shell helmet that meets an internationally accepted safety standard at all times when racing.
- Be aware of stray sheep while racing but also when heading back to HQ.
- No U turns to be made by riders in the vicinity of the timekeeper at the start.
- Riders must stay on the correct side of the road at all times.
- Head down riding is strictly forbidden.
- No dismounting by riders in finishing area.
- Please shout your number as you pass the finishing timekeeper.
- If you forget to sign out, you will be recorded as a “DNF” on the results sheet.
- If your number is too high, the Timekeepers may not be able to see it. The number shall be centrally positioned below the waist so as to be clearly visible from the rear when the rider is in his/her normal riding position.

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COVID-19

Although Covid restrictions have now ended the number of infections remain high. As organisers we don't want to be responsible for spreading the virus further.

- Competitors should not attend if they feel unwell **IN ANY WAY** or if family members have any symptoms.
- An elevated resting heart rate or exceptionally quick-to-react heart rate during warm-up can suggest an underlying asymptomatic illness of ANY kind. You should NOT start the event (DNS) and leave immediately. Do not go to the start line if you feel this is the case and notify the organiser of your intention not to start as a result of an adverse warm-up.
- Please report to the start line no more than 5 minutes before your designated start time.

Please contact the Event Secretary before the Event day if you have any queries/concerns/comments on any of the above.

DON'T FORGET - BRING FRONT & REAR LIGHTS, YOUR HELMET & SAFETY PINS (if needed)

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